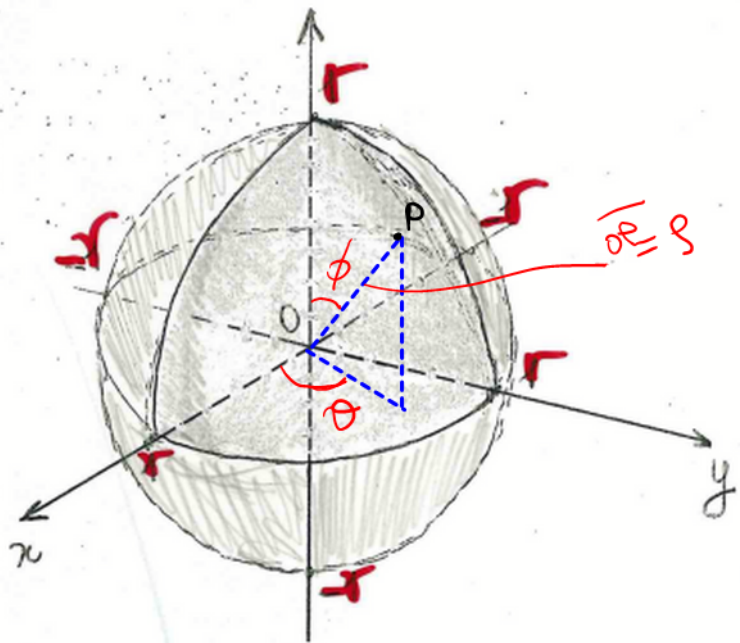


# Esercizi su integrali tripli: cambiamento di variabili

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**Analisi II**



# Coordinate sferiche

$$\begin{cases} x = \rho \cos(\theta) \sin(\phi) \\ y = \rho \sin(\theta) \sin(\phi) \\ z = \rho \cos(\phi) \end{cases} \quad \rho \in [0, +\infty), \phi \in [0, \pi], \theta \in [0, 2\pi]$$

Si calcola

$$J = \rho^2 \sin(\phi) \Rightarrow dx dy dz \rightarrow \rho^2 \sin(\phi) d\rho d\phi d\theta$$

Quindi

$$\begin{aligned} & \iiint_T f(x, y, z) dx dy dz \\ &= \iiint_{\tilde{T}} f(\rho \cos(\theta) \sin(\phi), \rho \sin(\theta) \sin(\phi), \rho \cos(\phi)) \rho^2 \sin(\phi) d\rho d\phi d\theta \end{aligned}$$

- Il passaggio alle coordinate sferiche è conveniente se

nell'espressione di  $\underline{f}$ ,  $\underline{Q}$  nell'espressione di  $\underline{T}$ ,

compaiono espressioni con

$$x^2 + y^2 + z^2 \quad (\text{in coordinate sferiche} \rightarrow \rho^2)$$

## Es. 1.

$$I = \iiint_T \sqrt{|z|} \, dx \, dy \, dz$$

ove  $T$  è la porzione di sfera (solida) nel primo ottante

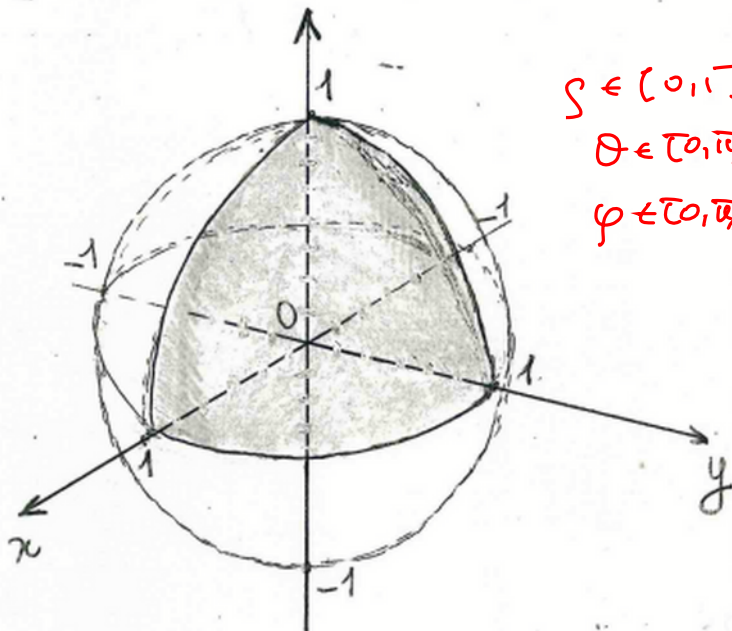
$$T = \{(x, y, z) \in \mathbb{R}^3 : x \geq 0, y \geq 0, z \geq 0, x^2 + y^2 + z^2 \leq 1\}.$$

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La simmetria sferica del dominio di integrazione suggerisce l'uso delle coordinate sferiche:

$$\left. \begin{array}{l} x \geq 0 \\ y \geq 0 \\ z \geq 0 \end{array} \right\} \rightarrow \begin{array}{l} \theta \in [0, \pi/2] \\ \varphi \in [0, \pi/2] \end{array}$$

$$\begin{array}{l} x^2 + y^2 + z^2 \leq 1 \\ \Downarrow \\ \rho \leq 1 \end{array}$$



$$\varrho \in [0, 1]$$

$$\theta \in [0, \pi/2]$$

$$\varphi \in [0, 2\pi]$$

$$I = \iiint_{[0,1] \times [0,\pi/2] \times [0,\pi/2]} \underbrace{\rho^{1/2} |\cos(\phi)|^{1/2}}_{\text{"}\sqrt{12}\text{"}} \underbrace{\rho^2 \sin(\phi)}_{\text{"}dx dy dz\text{"}} d\rho d\phi d\theta$$

$$= \iiint_{[0,1] \times [0,\pi/2] \times [0,\pi/2]} \rho^{5/2} \cos(\phi)^{1/2} \sin(\phi) d\rho d\phi d\theta$$

$$= \left( \int_0^1 \rho^{5/2} d\rho \right) \cdot \left( \int_0^{\pi/2} \cos(\phi)^{1/2} \sin(\phi) d\phi \right) \cdot \left( \int_0^{\pi/2} 1 d\theta \right)$$

$$= \frac{1}{2} \left[ \frac{2}{7} \rho^{7/2} \right]_0^1 \cdot \left[ -\frac{2}{3} \cos(\phi)^{3/2} \right]_0^{\pi/2} \cdot \left[ \theta \right]_0^{\pi/2}$$

$$= \frac{2}{21} \pi$$

## Es. 2.

$$I = \iiint_{T_+} z \, dx \, dy \, dz,$$

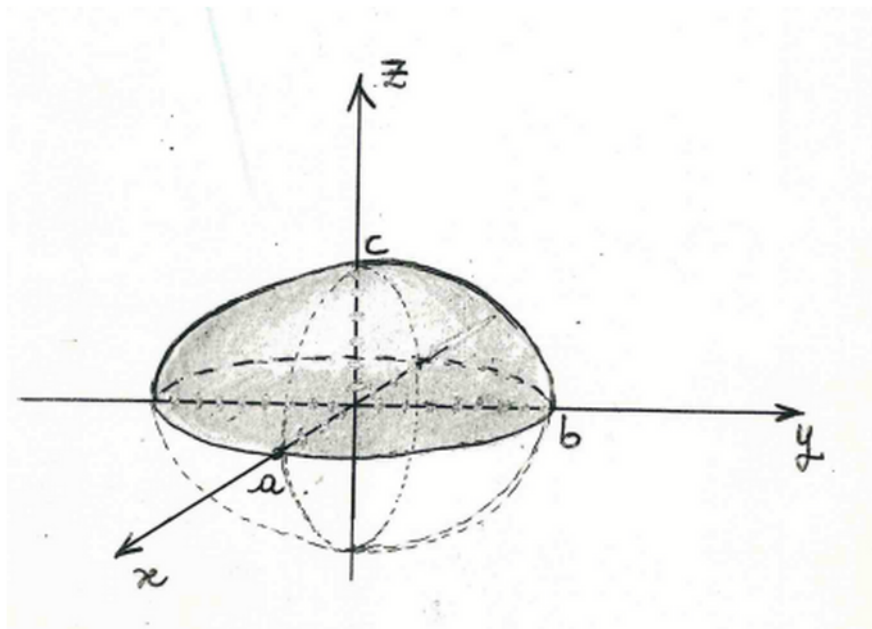
con

$$T_+ = T \cap \{z \geq 0\} = \left\{ (x, y, z) \in \mathbb{R}^3 : z \geq 0, \frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \leq 1 \right\}$$

con  $a, b, c, R > 0$ .

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La geometria del dominio suggerisce il passaggio alle *coordinate sferiche generalizzate*

$$\begin{cases} x = a\rho \cos(\theta) \sin(\phi) \\ y = b\rho \sin(\theta) \sin(\phi) \\ z = c\rho \cos(\phi) \end{cases}$$

$$T \rightarrow \tilde{T} : \rho \in [0, R], \phi \in [0, \pi], \theta \in [0, 2\pi]$$

Si calcola

$$J = abc\rho^2 \sin(\phi) \Rightarrow dx dy dz \rightarrow abc\rho^2 \sin(\phi) d\rho d\phi d\theta$$

$$I = \iiint_{[0,1] \times [0,\frac{\pi}{2}] \times [0,2\pi]} c \rho \cos(\varphi) a b c \rho^2 \sin(\varphi) d\rho d\varphi d\theta$$

$$= abc^2 \left( \int_0^1 \rho^3 d\rho \right) \cdot \left( \int_0^{\frac{\pi}{2}} \cos(\varphi) \sin(\varphi) d\varphi \right) \cdot \left( \int_0^{2\pi} 1 d\theta \right)$$

$$= 2\pi abc^2 \cdot \frac{1}{4} \cdot \left[ \frac{\sin^2(\varphi)}{2} \right]_0^{\frac{\pi}{2}}$$

$$= \frac{\pi abc^2}{4}$$

## Esercizio assegnato

Calcolare il volume di  $T$

$$T = \left\{ (x, y, z) \in \mathbb{R}^3 : \frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \leq R^2 \right\}$$

con  $a, b, c, R > 0$ .

Si ha

$$\text{vol}(T) = \iiint_T 1 \, dx \, dy \, dz.$$

$$\text{vol}(T) = \frac{4}{3} \pi abc R^3$$

N.B. Per  $a=b=c=1$  l'ellissoide si riduce a una superficie sferica di raggio  $R$ . Ritrovo la formula per il volume della sfera.

### Es. 3.

Calcolare il volume di

$$T = \{(x, y, z) \in \mathbb{R}^3 : x^2 + y^2 + z^2 \leq y\}$$

In  $T$  compare  $x^2 + y^2 + z^2$  quindi uso le coordinate sferiche!

$$\begin{cases} x = \rho \cos(\theta) \sin(\phi) \\ y = \rho \sin(\theta) \sin(\phi) \\ z = \rho \cos(\phi) \end{cases}$$

Quale è la trasformazione  $T \rightarrow \tilde{T}$ ? *Impongo*  
 $x^2 + y^2 + z^2 \leq y$  in coord. sferiche

$$\rho^2 \leq \rho \sin(\phi) \sin(\phi)$$

$$\Leftrightarrow \rho (\rho - \sin(\varphi) \sin(\theta)) \leq 0$$

$$\Leftrightarrow \boxed{\rho \leq \sin(\varphi) \sin(\theta)}$$

$$\boxed{\rho \geq 0}$$

da qui leggo che  
 $\sin(\varphi) \cdot \sin(\theta) \geq 0$ .

Si come  $\varphi \in [0, \pi]$ ,  $\sin(\varphi) \geq 0$ .

Allora trovo il rincolo  $\sin(\theta) \geq 0$ ,

da cui  $\boxed{\theta \in [0, \pi]}$

$$\mathcal{Q} \text{ usuali } \approx \left\{ \begin{array}{l} 0 \leq \rho \leq \sin(\vartheta) \sin(\varphi) \\ \vartheta \in [0, \pi] \\ \varphi \in [0, \pi] \end{array} \right.$$

è un dominio "normale rispetto al piano  $\varphi = \vartheta$ "

Integrale per fili:

$$\begin{aligned} \text{vol}(\mathcal{T}) &= \iiint_{\mathcal{T}} 1 \, dx \, dy \, dz \\ &= \iiint_{\mathcal{T}} 1 \, \rho^2 \sin(\varphi) \, d\rho \, d\varphi \, d\vartheta \end{aligned}$$

$$= \iint_{[0, \pi] \times [0, \pi]} \left( \int_0^{\rho} \sin(\theta) \sin(\varphi) \rho^2 \sin(\varphi) d\rho \right) d\theta d\varphi$$

$$= \iint_{[0, \pi] \times [0, \pi]} \sin(\varphi) \left[ \frac{\rho^3}{3} \right]_{\theta}^{\sin(\theta) \sin(\varphi)} d\theta d\varphi$$

$$= \frac{1}{3} \iint_{[0, \pi] \times [0, \pi]} \sin^3(\theta) \sin^4(\varphi) d\theta d\varphi$$

$$= \frac{1}{3} I_1 \cdot I_2$$



$$I_1 = \int_0^{\pi} \underbrace{\sin^3(\theta)}_{\substack{= \\ \sin\theta \cdot \sin^2(\theta) \\ = \\ \sin\theta (1 - \cos^2(\theta))}} d\theta$$

$$= \int_0^{\pi} \sin(\theta) d\theta - \int_0^{\pi} \cos^2(\theta) \sin(\theta) d\theta$$

$$= \left[ -\cos(\theta) \right]_0^{\pi} + \left[ \frac{\cos^3(\theta)}{3} \right]_0^{\pi}$$

$$= \frac{4}{3}$$

$$I_2 = \int_0^\pi \underbrace{\sin^4(\varphi)}_{\substack{\parallel \\ \sin^2(\varphi) \cdot \sin^2(\varphi) \\ \parallel \\ \sin^2(\varphi) (1 - \cos^2(\varphi))}} d\varphi$$

$$= \underbrace{\int_0^\pi \sin^2(\varphi) d\varphi}_{I_{2,1}} - \underbrace{\int_0^\pi \sin^2(\varphi) \cos^2(\varphi) d\varphi}_{I_{2,2}}$$

$$I_{2,1} = \left[ \frac{\varphi - \sin(\varphi) \cos(\varphi)}{2} \right]_0^\pi = \frac{\pi}{2}$$

$$I_{2,2} = \int_0^\pi \sin(\varphi) (-\sin(\varphi)) \cdot \cos^2(\varphi) d\varphi$$

$$= \int_0^{\pi} \sin(\varphi) \cdot \frac{d}{d\varphi} \left( \frac{\cos^3(\varphi)}{3} \right) d\varphi$$

*integrando per parti*

$$= - \int_0^{\pi} \cos(\varphi) \cdot \frac{\cos^2(\varphi)}{3} d\varphi + \left[ \sin(\varphi) \frac{\cos^3(\varphi)}{3} \right]_0^{\pi} \quad || 0$$

$$= -\frac{1}{3} \int_0^{\pi} \underbrace{\cos^4(\varphi)}_{\substack{|| (1 - \sin^2(\varphi))^2 \\ || \\ 1 + \sin^4(\varphi) - 2\sin^2(\varphi)}} d\varphi$$

$$\Rightarrow I_{2,2} = -\frac{1}{3} \left[ \int_0^{\pi} 1 \, d\varphi + \int_0^{\pi} \sin^4(\varphi) \, d\varphi - 2 \int_0^{\pi} \sin^2(\varphi) \, d\varphi \right]$$

Perché

$$\int_0^{\pi} \sin^2(\varphi) \, d\varphi = \frac{\pi}{2}$$

$$\Rightarrow I_{2,2} = -\frac{1}{3} \int_0^{\pi} \sin^4(\varphi) \, d\varphi$$

Rimettendo tutto insieme, ho

$$\int_0^{\pi} \sin^4(\varphi) \, d\varphi = \frac{\pi}{2} - \frac{1}{3} \int_0^{\pi} \sin^4(\varphi) \, d\varphi$$

$$\Rightarrow \frac{4}{3} \int_0^{\pi} \sin^4(\varphi) d\varphi = \frac{\pi}{2}$$

$$\Rightarrow I_2 = \frac{3}{8} \pi$$

$$\Rightarrow \text{result} = \frac{1}{3} \cdot \frac{4}{3} \cdot \frac{3}{8} \pi = \frac{\pi}{6}$$

## Es. 4.

$$I = \iiint_T \ln(x^2 + y^2 + z^2) \, dx \, dy \, dz$$

ove  $T = B \cap C$ , con

$B = \{(x, y, z) \in \mathbb{R}^3 : x^2 + y^2 + z^2 \leq 1\}$  sfera unitaria

$C = \{(x, y, z) \in \mathbb{R}^3 : x^2 + y^2 \leq z^2, z \geq 0\}$

porzione di cono solido nel semispazio  $\{z \geq 0\}$

- 
- L'espressione  $x^2 + y^2 + z^2$  compare nella funz. integranda e in  $B$ , quindi passo alle coordinate sferiche!

- Come  $T \rightarrow \tilde{T}$ ??

$$\cdot \quad x^2 + y^2 + z^2 \leq 1 \Leftrightarrow \rho \in [0, 1]$$

$$\cdot \quad z \geq 0 \Leftrightarrow \phi \in [0, \pi/2]$$

$$\cdot \quad x^2 + y^2 \leq z^2 \Leftrightarrow$$

$$\rho^2 \cos^2(\theta) \sin^2(\varphi) + \rho^2 \sin^2(\theta) \sin^2(\varphi) \leq \rho^2 \cos^2(\varphi)$$

$$\Leftrightarrow \rho^2 \sin^2(\varphi) \leq \rho^2 \cos^2(\varphi)$$

$$\Leftrightarrow \sin^2(\varphi) - \cos^2(\varphi) \leq 0$$

$$\Leftrightarrow \underbrace{[\sin(\varphi) + \cos(\varphi)]}_{\geq 0 \text{ perché } \varphi \in [0, \pi/2]} [\sin(\varphi) - \cos(\varphi)] \leq 0$$

$$\Leftrightarrow \sin(\varphi) \leq \cos(\varphi)$$

$$\Leftrightarrow \varphi \in [0, \pi/4].$$

Non ci sono vincoli su  $\theta$ !

$$\tilde{T}: \quad \rho \in [0, 1], \quad \theta \in [0, 2\pi], \\ \varphi \in [0, \pi/4]$$

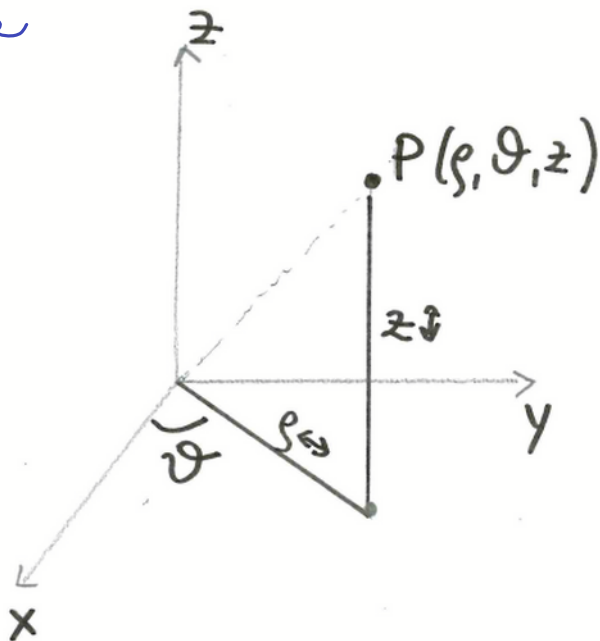
$$I = \iiint_{[0,1] \times [0,2\pi] \times [0,\pi/4]} \ln(\rho^2) \cdot \rho^2 \sin(\varphi) \, d\rho \, d\varphi \, d\theta$$



$$= \left[ \int_0^{2\pi} \sin(\phi) d\phi \right] \cdot \left[ \int_0^{2\pi} 1 d\theta \right] \cdot \left[ \int_0^1 \rho^2 \ln(\rho^2) d\rho \right]$$

$$= \dots = \boxed{-\frac{2\sqrt{2}\pi(\sqrt{2}-1)}{9}}$$

# Coordinate Cilindriche



# Coordinate polari cilindriche

$$\begin{cases} x = \rho \cos(\theta) \\ y = \rho \sin(\theta) \\ z = z \end{cases} \quad \rho \in [0, +\infty), \theta \in [0, 2\pi], z \in \mathbb{R}$$

Si calcola

$$J = \rho \Rightarrow dx dy dz \rightarrow \rho d\rho d\theta dz$$

Quindi

$$\iiint_T f(x, y, z) dx dy dz = \iiint_{\tilde{T}} f(\rho \cos(\theta), \rho \sin(\theta), z) \rho d\rho d\theta dz$$

- 
- Passaggio alle coordinate cilindriche conveniente se

nell'espressione di  $\underline{f}$ , e/o nell'espressione di  $\underline{T}$ ,

compaiono espressioni con

$$x^2 + y^2 \quad (\text{in coordinate cilindriche} \rightarrow \rho^2)$$

## Es. 5.

$$I = \iiint_T (x^2 + z) \, dx \, dy \, dz$$

con

$$T = \{(x, y, z) \in \mathbb{R}^3 : \underline{x^2 + y^2} \leq z \leq 4\}.$$

In coord. cilindriche

$$T \rightarrow \tilde{T} : \quad \rho^2 \leq z \leq 4$$

$$\Rightarrow . \quad 0 \leq z \leq 4$$

$$. \quad 0 \leq \rho \leq \sqrt{z}$$

- nessun vincolo su  $\theta$ :  $\theta \in [0, 2\pi]$

$$I = \iiint_T (p^2 \cos^2(\theta) + z) \underbrace{p \, dp \, d\theta \, dz}_{= dx \, dy \, dz}$$

$$= \iint_{[0, 2\pi] \times [0, 4]} \left( \int_0^{\sqrt{z}} (p^2 \cos^2 \theta + z) p \, dp \right) d\theta \, dz$$

$T$  è dominio normale rispetto al piano  $\theta z$

$$= I_1 + I_2$$

$$I_1 = \iint_{[0, 2\pi] \times [0, 4]} \left( \int_0^{\sqrt{z}} p^3 \cos^2 \theta \, dp \right) d\theta \, dz$$

$$= \iint_{[0, 2\pi] \times [0, 4]} \cos^2(\theta) \cdot \frac{1}{4} z^2 \, d\theta \, dz$$

$$= \frac{1}{4} \int_0^{2\pi} \cos^2(\theta) d\theta \int_0^4 z^2 dz$$

$$= \frac{16\pi}{3}$$

$$I_2 = \iint_{[0, 2\pi] \times [0, 4]} \left( \int_0^{\sqrt{z}} f(z) dz \right) d\theta dz$$

$$= \iint_{[0, 2\pi] \times [0, 4]} z \cdot \frac{z}{2} d\theta dz$$

$$= \frac{64\pi}{3}$$

$$\Rightarrow I = \frac{80\pi}{3}$$

## Es. 6.

$$I = \iiint_T \frac{1}{(x^2 + y^2 + z^2)^{1/2}} dx dy dz$$

ove  $T$

$$T = \{(x, y, z) \in \mathbb{R}^3 : z^2 \leq x^2 + y^2 \leq 2z - z^2\}.$$

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Si noti che

$$x^2 + y^2 \leq 2z - z^2 \Leftrightarrow x^2 + y^2 + (z - 1)^2 \leq 1$$

Quindi  $T$  è l'intersezione di

$$\begin{cases} x^2 + y^2 \geq z^2 & \text{complement. di } x^2 + y^2 < z^2 \\ x^2 + y^2 \leq 2z - z^2 & \text{sfera con } C = (0, 0, 1) \text{ } r = 1 \end{cases}$$

- La presenza di  $x^2 + y^2$  nella def. di  $T$  suggerisce le coordinate cilindriche.



$$T \rightarrow \tilde{T}$$

$$z^2 \leq x^2 + y^2 \leq 2z - z^2$$

$$z^2 \leq \rho^2 \leq 2z - z^2$$

→ in particolare :  $z^2 \leq 2z - z^2$

$$z(z-1) \leq 0 \Leftrightarrow \underline{z \in [0,1]}$$

$$\Rightarrow \tilde{T}: \left\{ \begin{array}{l} z \in [0,1] \\ z \leq \rho \leq \sqrt{2z - z^2} \\ \theta \in [0, 2\pi] \end{array} \right\} \left. \begin{array}{l} \text{dominio} \\ \text{normale} \\ \text{risp. primo } \partial z \end{array} \right\}$$

$$I = \iiint_T \frac{1}{(\rho^2 + z^2)^{1/2}} \rho \, d\rho \, d\theta \, dz$$

$\int$  integro  
 per  $\rho$  e  $\theta$

$$= \iint_{[0, 2\pi] \times [0, 1]} \left( \int_z^{\sqrt{2z-z^2}} \frac{1}{(\rho^2 + z^2)^{1/2}} \rho \, d\rho \right) d\theta \, dz$$

$$= \iint_{[0, 2\pi] \times [0, 1]} \left[ (\rho^2 + z^2)^{1/2} \right]_z^{\sqrt{2z-z^2}} d\theta \, dz$$

$$= \iint_{[0, 2\pi] \times [0, 1]} (\sqrt{2z} - \sqrt{z} \cdot z) d\theta \, dz$$

$$= \left( \int_0^{2\pi} 1 \, d\theta \right) \sqrt{2} \int_0^1 (\sqrt{z} - z) \, dz$$

$$= \frac{\sqrt{2}}{3} \pi$$

## Es. 7.

$$I = \iiint_T z \sin(x^2 + y^2) \, dx \, dy \, dz$$

con

$$T = \left\{ (x, y, z) \in \mathbb{R}^3 : h \leq z \leq \sqrt{r^2 - x^2 - y^2} \right\}, \quad h > 0$$

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$(0 \leq) z \leq \sqrt{r^2 - x^2 - y^2} \Leftrightarrow x^2 + y^2 + z^2 \leq r^2$   $x > h$

= sfera solida di  
centro  $(0, 0, 0)$  e  
raggio  $r$

•  $z \geq h$ : regione sopra il piano  $z = h$

- Ragionevole usare le coordinate cilindriche, anche perché  $x^2 + y^2$  è nella fz. integranda!

$T \rightarrow \tilde{T}$

$$- h \leq z \leq \sqrt{r^2 - \rho^2}$$

$$- h \leq \sqrt{r^2 - \rho^2} \Leftrightarrow \rho^2 \leq r^2 - h^2$$

$$\rho \in [0, \sqrt{r^2 - h^2}]$$

- su  $\theta$  non ho vincoli

$\tilde{T}^2$  è dominio "normale" risp. piano  $\rho\theta$ :

$$\rho \in [0, \sqrt{r^2 - h^2}], \theta \in [0, 2\pi], h \leq z \leq \sqrt{r^2 - \rho^2}$$

Ponggo  $D = [0, \sqrt{r^2 - h^2}] \times [0, 2\pi]$

$$\Rightarrow I = \iint_D \left( \int_h^{\sqrt{r^2 - \rho^2}} z \underbrace{\text{erm}(\rho^2)}_{\rho} \rho \, dz \right) d\rho d\theta$$

$$= \iint_D \rho \text{erm}(\rho^2) \left[ \frac{z^2}{2} \right]_h^{\sqrt{r^2 - \rho^2}} d\rho d\theta$$

$$= 1 \left( \int_0^{\sqrt{r^2 - h^2}} \rho \text{erm}(\rho^2) (r^2 - \rho^2 - h^2) d\rho \right) \times \left( \int_0^{2\pi} 1 d\theta \right)$$

= . . . . .

$$= \frac{11}{2} \int \left[ x^2 - h^2 - \sin(x^2 - h^2) \right]$$

## Es. 8.

Calcolare il volume di  $T$  delimitato dalla superficie cilindrica

$$S: x^2 + y^2 - 2x = 0$$

e dai piani  $y = 0$ ,  $z = 0$  e  $z = \sqrt{2}$ , e situato nel primo ottante.

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*regione racchiusa da S:*

$$x^2 + y^2 - 2x \leq 0$$

*1° ottante:  $x \geq 0, y \geq 0, z \geq 0$*

Quindi

$$T: \begin{cases} x^2 + y^2 \leq 2x \\ x \geq 0, y \geq 0, 0 \leq z \leq \sqrt{2} \end{cases}$$



$T \rightarrow \tilde{T}$

•  $\rho^2 \leq 2\rho \cos\theta$  (\*)

•  $0 \leq z \leq \sqrt{2}$

•  $x \geq 0, y \geq 0 \Leftrightarrow \theta \in [0, \frac{\pi}{2}]$

da (\*) deduco che

$$\rho(\rho - 2\cos\theta) \leq 0$$

$$\Leftrightarrow \rho \leq 2\cos\theta \quad (\text{essendo } \rho \geq 0)$$

$\Rightarrow$  è dominio normale rispetto  
a piano  $\theta z$

$$\begin{aligned}
I &= \text{Vol}(\Pi) = \iiint_{\Pi} 1 \, dx \, dy \, dz \\
&= \iiint_{\Pi} \rho \, d\rho \, d\theta \, dz \\
&= \iint_{[0, \pi/2] \times [0, \sqrt{2}]} \left( \int_0^{2 \cos(\theta)} \rho \, d\rho \right) d\theta \, dz \\
&= \iint_{[0, \pi/2] \times [0, \sqrt{2}]} 2 \cos^2(\theta) \, d\theta \, dz \\
&= 2 \left[ \int_0^{\pi/2} \cos^2(\theta) \, d\theta \right] \cdot \left[ \int_0^{\sqrt{2}} dz \right] = \frac{\sqrt{2} \pi}{2}
\end{aligned}$$

# Es. 9.

$$\iiint_T x^2 \, dx \, dy \, dz$$

con

$$T = \{(x, y, z) \in \mathbb{R}^3 : \underline{z \geq 0}, x^2 + y^2 + 1 \leq z^2 \leq 4\}$$

$T$ :

$$x^2 + 1 \leq z^2 \Leftrightarrow x^2 \leq z^2 - 1$$

$$0 \leq x \leq \sqrt{z^2 - 1}$$

Vincoli su  $z$ :

$$\cdot z^2 \leq 4$$

$$\cdot z^2 \geq x^2 + 1 \geq 1$$

$$\Rightarrow 1 \leq z^2 \leq 4 \Rightarrow z \in [1, 2]$$

(infatti  $z \geq 0$ )

non ci sono vincoli su  $\theta$ :  $\theta \in [0, 2\pi]$

$\Rightarrow \mathcal{T}$  è un dominio "normale rispetto al piano  $\theta z$ "

$$\theta \in [0, 2\pi], \quad z \in [1, 2], \\ 0 \leq \rho \leq \sqrt{z^2 - 1}$$

$$I = \iiint_{\mathcal{T}} \rho^2 \cos^2 \theta \rho \, d\rho \, d\theta \, dz \\ = \iint_{[0, 2\pi] \times [1, 2]} \left( \int_0^{\sqrt{z^2 - 1}} \rho^3 \cos^2 \theta \, d\rho \right) d\theta \, dz$$

$$= \iint_{[0, 2\pi] \times [1, 2]} \cos^2(\theta) \left[ \frac{\int^4}{4} \right]_0^{\sqrt{z^2-1}} d\theta dz$$

$$= \iint_{[0, 2\pi] \times [1, 2]} \frac{1}{4} (z^2-1)^2 \cos^2(\theta) d\theta dz$$

$$= \frac{1}{4} \left( \int_0^{2\pi} \cos^2(\theta) d\theta \right) \left( \int_1^2 (z^4 + 1 - 2z^2) dz \right)$$

$$= \frac{19}{30} \pi$$